

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Idonette Janse v  
Vuuren**

Has successfully participated & completed the  
**12km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 01:33:48**

**PACE 07:48/km**  
**OVERALL 110 of 124**

**GENDER 64 of 77**  
**OPEN 31 of 38**

28 August 2016, Sun

Date



*BoutTime*

Signature

